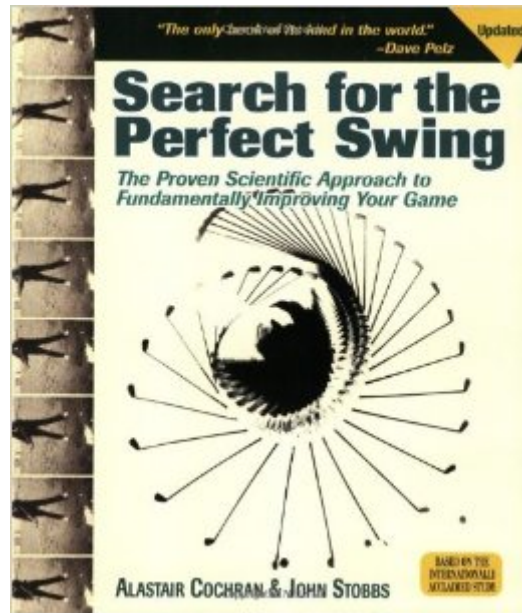


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# Search For The Perfect Swing: The Proven Scientific Approach To Fundamentally Improving Your Game



## Synopsis

Internationally renowned scientists in physics, ballistics, anatomy and human biomechanics and cybernetics conducted this groundbreaking, intensive, six-year study of the golf swing. By analyzing the swings of the world's best golfers and basic human mechanics of movement, these scientists have uncovered ways to build the ideal golf swing. Long considered an instructional classic, *Search for the Perfect Swing* presents the scientific results in a framework that's easy to understand and apply. It couples traditional golf instruction with the physical science behind the perfect swing, explaining why you need to keep your left arm straight, your head down and your weight shifted. With a new, updated Introduction that addresses the latest technological advances in golf, this book will help golfers at any level fundamentally improve their swing—and their game.

## Book Information

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## Customer Reviews

This book will tell you everything about the golf swing from what it takes to achieve maximum power to why pros tee the ball up higher than most amateurs on their drives. This is a complete book on the physics of the game backed up by the most extensive research ever done on the golf swing. This book can help you understand the swing better than any other book, though it does not advocate any particular method, as many are effective. I advise you to read this book and if you are looking for a method that is unequivocally supported by this book, there is only one. Carl Lohren's "Getting Set for Golf" is the only technique book that is completely supported by the proven physics of the game detailed in "Search for the Perfect Swing." Alastair Cochran's book is the only of its kind and can greatly improve your knowledge of the golf swing.

No other book in golf covers the physics of golf the way Cochran and Stobbs, have done. Even though the featured golfers are from another era in golf (the 1970s), the essence of the modern swing is still accurate. They cover effects of various aspects of the golf swing and explain each component of the swing and every phase of the swing. OTHER TOPICS COVERED: Biomechanics of the Swing The differences between the American and European Golf Balls. Statistics of professional versus amateur performance. The physics of putting. Golf club and putter designs. This book explains the importance of key points in the golf swing and how it applies to you. The illustrations further emphasize the information in the book. A classic swing sequence of Ben Hogan is featured in the book, for example. A more recent book that parallels this one, is *Swing Like a Pro*: *Swing Like a Pro* VERDICT This is not an instructional book and may frustrate the average reader. If you are an analytical person, this book will satisfy your curiosity. If you are looking for a straightforward instructional book, look elsewhere.

While this book was written quite a few years ago, the basic science behind it is solid. Using high speed cameras, the authors analyze every aspect of the golf swing dispelling many myths behind the swing. It looks at what makes up swing speed, how certain ball flight is achieved, and much more. If you're a Dave Pelz fan, you'll love this book. I find Pelz and the authors here to be of similar mind and approach. This book really isn't for teaching your golf swing, however. There really aren't any drills for you to do, but it explains what you want to achieve, just not HOW to do it. The science behind this book personally help me drop from a 6 to a 4 index, and improve my driving accuracy from about 45% to 60%, IN ONE YEAR. The reason? My instructor was wrong in talking about ball flight and what causes the ball to do certain things. This caused me to try to adjust things in my swing that didn't need adjusting.

This is my favorite book of all time: a wonderful model of the golf swing that has not been surpassed since its original publication in the early 1970's. Think of all the enduring golf ideas that have followed from this book: the heel-sole weighted putter and club, the importance of the left side guiding the swing, the swing plane and curve of the golf ball, the importance of different shots, the kinetic chain for power, aim and stroke in putting, ... All current teaching and golf science started right here. It is silly to play golf without fully understanding this book.

*Search for the Perfect Swing* is the most definitive book written on what actually happens when a

golf club is put in motion. Read this book and then go into your local golf retail shop or just listen at your favorite local course to the ridiculous explanations and profound words of wisdom people perpetuate about the golf swing and its effects on the golf ball and its intended target. Best fact-FYIO-ball and club stay in contact for 1/2millisecond(.0005).HHmmm, that doesnt seem like we can have much effect after impact- FYIO-fact#2-"in any full shot,acceleration through impact is a sure sign of wasted effort which could have been used to produce greater speed at impact if it had been applied earlier."I know my pro told me to accelerate to a full finish.-Honestly, the book is a must for serious golfers or anyone looking to have the golf swing explained without the myths-9 out of 10 golf pros dont recommend this book-I wonder why?

I have a first edition of this book. It is a very clear and practical explanation of what happens in the golf swing and what you can and can not do to change your game. My favorite part is a series of photos of Ben Hogan's swing. This is a very good book for the person interested in learning more about the mechanics on the swing and club design. Many ideas outlined in this book in 1968 have just come into the equipment market market in the past few years.

I came across the previous edition of this book many years ago in a local library and always wondered since if it had ever been updated. I was pleasantly surprised to discover that it had been. What makes this book unique is that it was about a project supported by several scientists, some of whom were not even golfers, but who thought the project was interesting. These scientists analyze many aspects of the game of golf and debunk several myths surrounding the game. This was one of about thirty books about golf that I read at that time and the one I found most interesting.

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